

## Why A Farm Sanctuary?



### PROBLEM

Chemical-based factory farming leads to toxic pollution. Standard farming practices farm 1-2 crops per year, without taking into account soil health. Soil health links to gut health, which links to brain health, and ultimately mental health.

### GLYPHOSATE TOXIC CHEMICAL

An herbicide and the active ingredient in weed killer products like RoundUp. The agriculture industry applies it directly to genetically modified food, which is engineered to withstand the chemical, only killing the weeds. This chemical leeches into food, the water system, is distilled into the air and ultimately into your body, causing cancer and autoimmune diseases.



### FACTORY FARMS LARGEST SOURCE OF POLLUTION

Consolidated, large-scale operations that raise hundreds to thousands of animals every year. Their focus is on maximum production at the cheapest cost—which comes at the expense of animal welfare and environmental health. On average, 9.5 billion animals are killed in the US annually.

### WHAT DOES THIS HAVE TO DO WITH MENTAL HEALTH?

Research continues to prove that soil health is linked to gut health, which links to brain health. This ultimately impacts mental health. Suicide is one of the top causes of death among adolescents. Glyphosate is a form of antibiotic, killing the microbiome, which is linked to significant increases in anxiety and depression. We at the Farm are passionate about providing education to positively impact the next generation.

